



“Aha!”, “Eureka!”, “What-da-ya-know”... or just plain “hmmm.” Whatever you call it, it’s that single, magical moment when things just make sense; when that block that seemed to confuse you suddenly seems small and unimportant. There’s that sudden rush of excitement, filled with relief and enthusiasm. Then comes the inevitable...

“Now what?”

Congratulations you are about to embark on a whole new journey of life. You just experienced a moment that either solidified the direction you were already heading, or perhaps will change your course forever. You had a moment of realization that not only “makes sense” now but brings insight to a whole bunch of stuff that happened in your past. Before you move on with the next course of your life, here’re some things to pause and ponder on:

### **Compare then and now**

How does this “moment of sense” compare to the “moment of confusion” just before it? This will help you understand the significance of the “a-ha” moment.

### **Sharpen your hindsight**

You didn’t just happen upon this “a-ha” moment... your past brought you here. Reflect upon your past. Think of as many moments as you can remember, and use your new “vision” to review them. The more time you take now to do that, the more solid your “a-ha” moment will become a part of your life.

### **Evaluate the a-ha moment itself**

Really scrutinize it. Perhaps it’s a misunderstanding and you just thought you got it. A bad “a-ha” can be a real time waster... yet analyzing a bad “a-ha” could lead you to a real “a-ha” so it’s worth looking into.

### **Set your course**

New realizations can take you to amazing places; they can also mislead you if you just let them be. Take the time to imagine all the directions you can go with your new “map.” That gives you freedom of choice.

### **Be open to more**

This could be the first of many “a-ha’s” ... some of which might be even bigger than the first. Keep an open mind and let Life offer up its many wondrous surprises.