



William Shakespeare once wrote "All the world's a stage, and all the men and women merely players." There are going to be times in your life when those players come and those players go. It's up to you to direct the show, known as your life, if you ever expect to see a happy ending.

### **What's the story?**

Like every play, your life has its own story. You don't really know how it's going to end, or even what's coming up next. The best thing you can do is keep up with what's going on and steer it in the direction you would like it to go. The rest will play out as it will.

### **Beginnings**

Everything has its beginning. For it to be a good beginning, whatever came before had to prepare for that beginning. It may have been some other beginning, or it may have been some ending that started this beginning. Be prepared.

Beginnings usually take up more energy than something in the middle. It's the "ramp up" time... the "0 to 60" that gets you pushed in your direction. If you are beginning something, it's important to remember that, so you don't think it's always going to be tough or unfamiliar. It gets better as you get going.

### **Endings**

What begins also has to end. It's part of the cycle of Life. If you can become accepting of this, and non-fearful of it, you'll have a chance to be braver during the lifespan of whatever it is you're doing. Don't live for the ending, but don't avoid it either.

### **Entrances**

There are going to be people and things that come into the story of your Life. You need to make room for them, if you want them to be a part of your life. That means time and space. If you shift the direction of your life for another, it shows you care (and they should shift for you, or else it sets everything off balance, which is a bad thing).

### **Exits**

Exits are the endings of others. People and things go away. You need to adjust to that as well, or else you just leave an empty space where they were. The adjustment is a form of grieving, and it's all natural. Think of it as filling up with new possibilities.

### **Final Bow**

This is the big ending. The one that "caps" your life... puts the period at the end of your sentence. So what do you want that sentence to say?